



**Lodging, Dining, Shopping,
Recreation and More!**

provided courtesy of the
Lava Hot Springs Chamber of Commerce

2 0 1 9

Lava Hot Springs is a friendly, vibrant community rich in western history and natural resources, offering a satisfying variety of summer and winter activities.

Long before white settlers discovered the natural, odor-free mineral waters in this quiet valley, the Bannock and Shoshone Indian tribes gathered here to bathe, rest, and worship. For centuries, the Indians paid tribute to the Great Spirit for the curative powers of these springs and set the area aside as a neutral ground to be shared in peace by all tribes.

Traders and trappers arrived in the early to mid-1800s. Bob Dempsey set up a trading post, befriended and became champion of the Native Peoples, and married Chief Tendoy's daughter Margaret, of the Lemhi tribe. The settlement that is now Lava Hot Springs was originally called Dempsey.

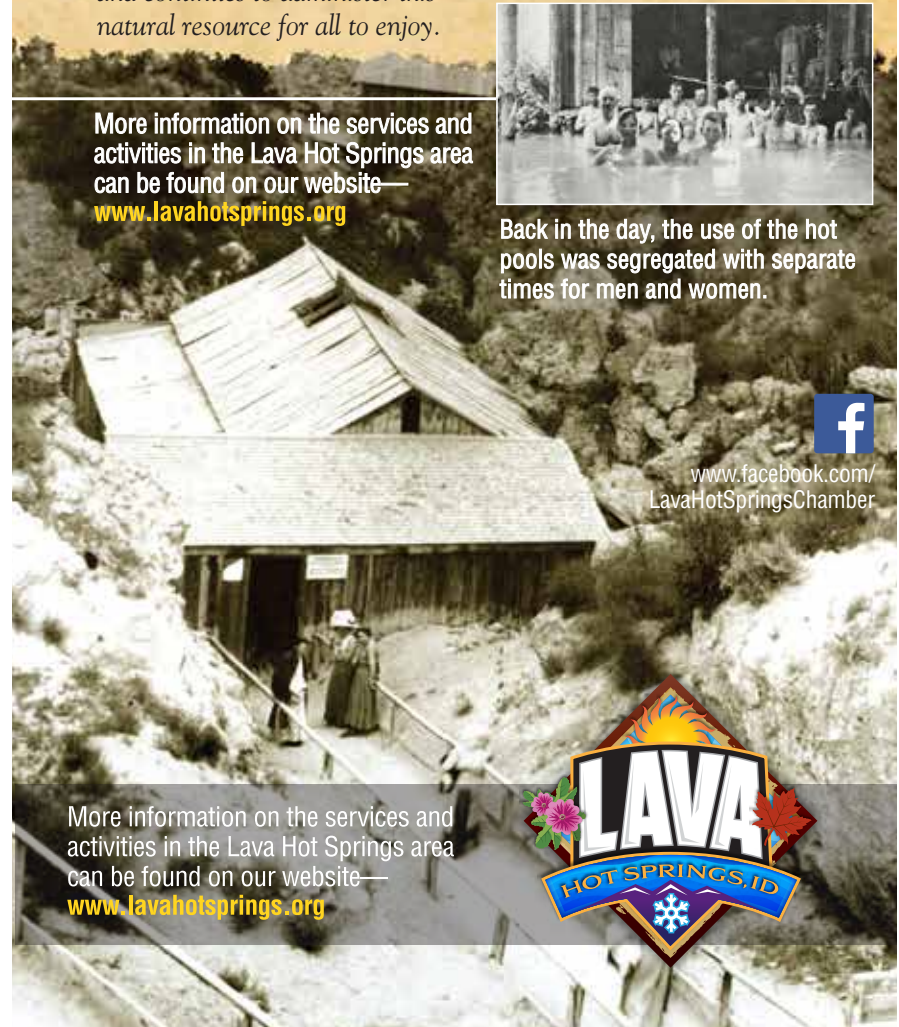
The State of Idaho began developing the hot springs in 1911 and continues to administer this natural resource for all to enjoy.

More information on the services and activities in the Lava Hot Springs area can be found on our website—

www.lavahotspings.org



Back in the day, the use of the hot pools was segregated with separate times for men and women.



[www.facebook.com/
LavaHotSpringsChamber](https://www.facebook.com/LavaHotSpringsChamber)

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Experience More Sights!

Distance from Lava Hot Springs, Idaho

Bear Lake State Park	90	145
Boise, Idaho	272	438
Chesterfield, Idaho	22	36
City of Rocks	242	389
Craters of the Moon	138	222
Crystal Hot Springs	90	146
Downata Hot Springs	33	54
Grace, Idaho	20	32
Grand Teton National Park	131	211
Jackson, Wyoming	130	209
Logan, Utah	84	136
Maple Grove Hot Springs	40	64
National Oregon Trail Center	51	83
Pebble Creek Ski Area	27	44
Pocatello, Idaho	35	56
Ogden, Utah	120	193
Soda Springs, Idaho	23	36
Salt Lake City Intl. Airport	157	253
Sun Valley, Idaho	226	364
West Yellowstone, Montana	191	307
Yellowstone National Park	206	333



Annual Festivals in Lava

Mark your calendar and book your reservations now for these annual event festivals!

FIRE AND ICE WINTERFEST

The **first full weekend of February**.

Activities begin Friday night and run through Sunday afternoon. Fun and prizes.

INFO and TICKETS: fireice.lavahotsprings.org



WELLNESS FESTIVAL

The **first part of May**.

Activities begin Friday night and run through Sunday afternoon.

INFO: wellness.lavahotsprings.org



OKTOBERFEST

Held the **first weekend of October**.

Activities begin Friday night and run through Sunday afternoon. Fun, food, music, brews, games and prizes!

INFO and TICKETS: oktoberfest.lavahotsprings.org



Lava Area Events & Activities

Please see the calendar of events posted online at lavahotsprings.org for the latest dates on events in and around Lava Hot Springs.

- **MUSEUM AND VISITOR INFO CENTER:** Area brochures, maps, gift shop and information. Local exhibits and special programs. (First East and Main Street) 776-5254; \$2 Admission.
- **JULY 4th FIREWORKS:** Compliments of the Lava Lions Club and Lava Chamber of Commerce (held on July 4th).
- **LAVA FOUNDERS' DAY PARADE:** Held each year on the Saturday closest to July 24th; Main Street, 6 p.m.
- **LAVA LIONS CLUB BINGO:** Every Friday and Saturday (7:00 p.m.) at the Lava Community Center. Legal Bingo age is 18.
- **GOLF:** A nine-hole course just northwest of Grace (16 miles).
- **DISC GOLF:** Two courses—nine holes located across from the Olympic Swimming Complex and the other nine in Lions Park on the river.
- **RIVER TUBING:** Rent tubes from various locations and float a stretch of the Portneuf rivers where it winds through the town. Shuttle from take-out to put-in available.

■ **SWIM OR SOAK:** Enjoy a soothing soak in one of the area's natural hot springs. Public hot pools available in Lava and nearby outside of Downey (28 miles). Other hot spring-fed pools available with room at some hotels. Also water-park fun at the swimming pools in both locations.

■ **BULLS ONLY RODEO:** Typically in August. Check Chamber calendar.

■ **ZIPLINE ADVENTURE:** Year-round fun riding several thousand feet of steel cable. Main Street pick-up/return.

■ **FISHING:** Idaho Free Fishing Day, 2nd Saturday in June. Stream, lake, and ice fishing available around the area. License required; available at Sunnyside Sinclair (cash only). More at www.fishandgame.idaho.gov

■ **SKIING & SNOWBOARDING:** Nearby ski area (just north of Lava near Inkom) boasts a 2,200-foot vertical drop, 54 runs, large gladed areas, and three lifts.

■ **CROSS-COUNTRY SKIING & SNOWSHOEING:** Available all around the area. Local snow shoe rentals and trails available (Baker Ranch 776-5684). Cross-country skiing is best at Pebble Creek Forest Area, off the Blaser Highway.

■ **SNOWMOBILING:** Tour hundreds of miles of groomed and unimproved trails in Southeast Idaho. Most unplowed forest service roads can be used. Check www.seidaho.org for maps and info.

■ **WAGON RIDES:** Scenic wagon rides pulled by draft horse teams (late May thru September).

■ **MASSAGE & HEALTH SERVICES:** Enjoy a relaxing, therapeutic massage from local providers.

For More Information

Check www.lavahotsprings.org for special events, packages, sales, live music, guest speakers, services, and available lodging. Brochures and additional area information available at the SBCHC Museum and Visitor Information Center on First East and Main Street. Also see:

www.lavahotsprings.com

www.fishandgame.idaho.gov

www.idahohighcountry.org

Brochures and additional area information available at the SBCHC Museum and Visitor Information Center on the corner of First East and Main Street.

Member Services

Idaho's Area Code is 208

Shopping

Alpaca Products and Gift Shop (Alpaca Inn) • 0.1 miles • 90 S. 1st East; 208-776-5200; www.lavaalpaca.com

Dragonfly Gallery of Fine Art • 0 miles • 178 W Main; 801-663-3329; [Facebook.com/Dragonfly-Gallery-Lava](https://www.facebook.com/Dragonfly-Gallery-Lava)

Mikes Market • 0 miles • 30 Main St.; 208-776-5067

18 Mountain Mayhem Adventure Center • 0.1 miles
155 East Main Street; 208-776-5000; www.mountainmayhem.biz

Lava Ace Hardware • 0.1 miles • 105 E Main St.; 208-776-5113

Lava Hot Springs Hot Pools Gift Shop • 0.3 miles
430 E. Main; 208-776-5221; 800-423-8597;
www.lavahotsprings.com

Purple Moon • 0.1 miles • 50 Main St.; 208-776-5475

Whimsy Gift Shop (The Suites of Lava Hot Springs) • 0.1 miles
63 South 1st East; 208-851-1463; www.lavahotspringssuites.com

Services

City of Lava Hot Springs • 0.1 miles • 115 W. Elm; 208-776-5820

Forrest Design Group • 208-478-4348

Homeland Web Design • 208-897-5033; homelandweb.com

Ireland Bank / ATM Machine • 0.1 miles • 146 E. Main;
208-776-5656; irelandbank.com (Equal Housing Lender/
Member FDIC)

Lava Senior Services • 0.1 miles • 150 N. Center; 208-776-5569

Pocatello/Chubbuck Chamber of Commerce • 208-233-1525;
www.pocatelloidaho.com

South Bannock County Museum & Visitor Information • 0.1 miles
Corner 1st East & Main; Open 12-5 p.m. 7 days; 208-776-5254

Lodging: Bed & Breakfast

Bristol Park Historic Cabins • 0.8 miles • 200 Bristol Lane;
208-540-1278; www.bristolcabins.org

Greystone Manor B&B • 0.2 miles • 187 S. 2nd Ave. West;
208-776-5959; www.greystonelavahotsprings.com

Inn at Owl Hollow B&B • 9.7 miles • 1201 Neibaur Mountain Rd.,
Bancroft; 208-648-0862; www.innatowlhollow.com

2 Lion's Gate Manor Luxury Themed Suites • 0.8 miles; 10376 S.
Dempsey Creek Road; 208-776-5118; www.lionsgatemanor.com

Lodging: Hotel & Motel

Alpaca Inn • 0.1 miles • 90 S. 1st E; 208-776-5200;
lavaalpaca.com

14 Aura Soma Lava Hot Springs Lodgings • 0.1 miles • 196 E. Main;
208-776-5800; www.aslava.com

1 The Harkness Hotel • 12 miles • 206 Center Street, McCammon;
208-254-4340; www.theharknesshotel.com

Home Hotel Lava Hot Springs • 0.2 miles • 306 East Main Street;
208-776-5050; www.homehotel.com

15 Lava Hot Springs KOA Campground Cabins • 0.7 miles • 100
Bristol Park Lane; 208-776-5295; www.lavahotspringskoa.com

Lava Spa Motel and RV Park • 0.3 miles
1359 Main St; 208-776-5589; www.lavaspamotel.net

2 Lion's Gate Manor Luxury Themed Suites • 0.8 miles; 10376 S.
Dempsey Creek Road; 208-776-5118; www.lionsgatemanor.com

Le Cascade Villas • 0.1 miles • 162 East Main St.; 208-776-5000;
www.tumblingwatersinn.com

Ranch Inn Motel & Campground • 1.3 miles • 9611 E. Highway 30;
208-776-9917

River Bridge Inn • 0.1 miles • 64 N 1st Avenue East; 208-681-9020;
www.theriverbridgeinn.com

Riverside Hot Springs Inn & Spa • 0.2 miles • 255 East Portneuf
Street; 208-776-5504 or 1-800-733-5504;
www.riversidehotspringsinn.com

The Suites of Lava Hot Springs • 0.1 miles • 63 South 1st East;
208-851-1463; www.lavahotspringssuites.com

21 Tumbling Waters Inn • 0.3 miles • 208-776-5000;
tumblingwatersinn.com

Lodging: Vacation Homes, Cabins & Apartments

Alpaca Inn Cottages and Suites • 0.1 miles • 90 S. 1st East;
208-776-5200; lavaalpaca.com

Aura Soma Lava Vacation Rental Homes (5) • 0.1 miles • 196 E.
Main; 208-776-5800; www.aslava.com

20 Dempsey Meadows Inn • 1.0 miles • 9884 E. Maughan Road;
208-851-1463; dempseymeadowsinn.com

6 Downata Hot Springs Cabins • 28.4 miles • 25900 S. Downata
Road, Downey; 208-897-5736; www.downatahotsprings.com

George & Lola's Place • 0.1 miles • 143 West Main; 385-219-7636;
lavahotspringsgetaway.com

Greystone Manor Vacation Rentals • 0.2 miles; 187 S. 2nd Ave
West; 208-776-5959; www.greystonelavahotsprings.com

Home Hotel Guest House • 0.2 miles • 306 East Main Street;
208-776-5050; www.homehotel.com

Kendalls Cozy Cottage • 0.2 miles • 78 North 300 West;
801-660-8209; www.lavahotspringsvacationhome.com

Lava Adventures & Lodging • 0.2 miles • 208-589-4441;
lavalodging.com

15 Lava Hot Springs KOA Deluxe Cabins • 0.5 miles; 685 E.
Main; 208-776-5295; www.lavahotspringskoa.com

16 Lava KOA City Center Cottages • 0.1 miles • 101 W. Portneuf
St.; 208-776-5209;

www.koa.com/campgrounds/lava-hot-springs-city-center

Lava Hot Springs Lodging • 0.2 miles • 268 West Main Street;
208-589-4441; www.lavahotspringslodge.com

Le Cascade Suites • 0.1 miles • 151 East Alley North;
208-776-5000; www.tumblingwatersinn.com

Lovin' Life in Lava Vacation Homes • 0.2 miles
277 West Main Street; 435-640-4917; www.lovinlifeinlava.com

19 My Favorite Vacation Rental • 1.3 miles • 9675 E Maughan
Road; 801-510-0992; www.myfavoritevacationrental.com

Park Place Vacation Home • 0.3 miles • 25 N 4th W;
801-455-1538; www.parkplacelava.com

Penny Lane Cottage • 0.2 miles • 344 West Main Street;
208-776-5000; www.tumblingwatersinn.com

5 School House Inn • 7.7 miles • 1615 N. Lund Rd. and
Highway 30; 1-800-525-1484; www.schoolhouseinn.com

Soda Creek Lodge • 23.1 miles • 361 E. Hooper Ave., Soda
Springs; 801-644-0432; www.sodacreeklodge.com

The Suites of Lava Hot Springs • 0.1 miles • 63 South 1st East;
208-851-1463; www.lavahotspringssuites.com

Viva La Vida Vacation Home • 0.2 miles
72 South 300 West; 801-884-3898; www.vivalavidainlava.com

RVs & Camping

Bristol Park Historic Cabins • 0.8 miles • 200 Bristol Lane;
208-540-1278; www.bristolcabins.org

Caribou Highlands Golf & RV • 15.8 miles • 1750 Gibson Lane,
Grace; 208-425-3233; www.caribouhighlandsgolf.com

11 Crystal Springs Campground • 7.9 miles • 3369 East
Highway 30, McCammon; 208-244-4076;
www.crystalspringscamping.com

(continues)

Member Services

Idaho's Area Code is 208

6 **Downata Hot Springs RVs & Camping** • 28.4 miles • 25900 S. Downata Road; Downey; 208-897-5736; www.downatahotsprings.com

Hilltop Campspot • 1.6 miles • 11267 S Moose Hollow Rd.; 208-251-0331; hilltopcampspot.com

17 **Lava Campground** • 2.0 miles • 11759 Fish Creek; 208-241-7540

4 **Lava KOA City Center Kampground** • 0.1 miles • 89 N. Center St.; 208-776-5209; www.koa.com/campgrounds/lava-hot-springs-city-center

7 **Lava Hot Springs KOA Kampground** • 0.7 miles • 100 Bristol Park Lane; 208-776-5295; www.lavahotspringskoa.com

Lava Mobile Estates Campground • 0.7 miles
10255 E. Old Oregon Trail; 208-776-5122

Lava Spa Motel and RV Park • 0.2 miles
1359 Main St; 208-776-5589; www.lavaspamotel.net

3 **MILITARY THEMED CAMPGROUND at Lions Gate** • 0.8 miles
10376 S. Dempsey Creek Road; 208-776-5118; www.lionsgatemanor.com

12 **Portneuf Bend Campground** • 2.2 miles • 9250 S. Blaser Highway; 208-530-1595; www.portneufbendcampground.com

Ranch Inn Motel & Campground • 1.3 miles • 9611 E. Highway 30; 208-776-9917

Smith's Trout Haven Campground • 1.3 miles • 9589 E. Maughan Road; 208-776-5348; www.smithstrouthaven.com

Meetings, Reunions & Weddings

Aura Soma Lava Hot Springs Event Center • 0.1 miles • 196 E. Main; 208-776-5800; www.aslava.com

Bailey Creek Clubhouse • 342 Bailey Creek Rd, Soda Spgs; 208-547-3758

11 **Crystal Springs Campground** • 7.9 miles • 3369 E. Highway 30, McCammon; 208-244-4076; www.crystalspringscamping.com

Dempsey Meadows Inn • 1.0 miles • 9884 E Maughan Rd; 208-851-1463; dempseymeadowsinn.com

Greystone Manor Event Center • 0.2 miles • 187 S. 2nd Ave West; 208-776-5959; www.greystonelavahotsprings.com

Lava Community Center • 0.1 miles • 150 N. Center; 208-776-5569

White Pines Hideaway • Soda Springs; 208-540-0294
whitepineshideaway.blogspot.com

Real Estate Services

Idaho Rocky Mountain Real Estate • Julie Hill; Lava Hot Springs; 208-851-2667; juliehillrealestate.com

Mountain Retreat Real Estate • Randy Benglan; Lava Hot Springs; 208-251-1446; www.lavahotspringsrealestate.com

Dining, Bars & Entertainment

8 **Chuck Wagon Restaurant** • 0.1 miles • 211 E. Main; 208-776-5141

Greystone Manor Dinner Experience • 0.2 miles • 187 S. 2nd Ave West; 208-776-5959; www.greystonelavahotsprings.com (reservations required)

Portneuf Grille & Lounge at the Riverside Hot Springs Inn • 0.2 miles • 255 East Portneuf St.; 208-776-5504; www.riversidehotspringsinn.com

Riverwalk Thai Restaurant • 0.5 miles • 695 East Main; 208-776-5872

Massage, Spa & Beauty

14 **Aura Soma Lava Spa** • 0.1 miles • 196 E. Main; 208-776-5800 or 208-776-5480; www.aslava.com

Greystone Manor Massage • 0.2 miles • 187 S. 2nd Ave West; 208-776-5959; www.greystonelavahotsprings.com (reservations required)

The Harkness Salon & Spa • 12 miles • 204 Center Street, McCammon; 208-254-5232; www.harknesssalonspa.com

Riverside Hot Springs Inn & Spa • 0.2 miles • 255 East Portneuf Street; 208-776-5504 or 1-800-733-5504; www.riversidehotspringsinn.com

Recreation

Baker Ranch Wagon Rides (w/ Dinner), XC Skiing, Snowshoeing 208-776-5684; www.bakerranchlava.com

Caribou Highlands Golf & RV • 15.8 miles • 1750 Gibson Lane, Grace; 208-425-3233; www.caribouhighlandsgolf.com

Dempsey Ridge Golf Course • 2.2 miles • 9898 Merrick Road; 208-776-5048 www.dempseyridgegolfcourse.com

6 **Downata Hot Springs** • 28.4 miles • 25900 S. Downata Road, Downey; 208-897-5736; www.downatahotsprings.com

9 **Four Falls Tube Rental** • 0.3 miles • East Main St., across from hot pools behind state park and playground; 208-776-5668 or 208-241-1709

10 **Gator Tubes & Mini Golf** • 0.2 miles • 254 E. Main; 208-776-5668 or 208-241-1709

Lava Adventures - Zipline Tour • 208-589-4441; www.lavazipline.com

Lava Fitness Center • 0.1 miles • 117 N. Center; 208-776-5569

Lava Senior Center • 0.1 miles • 117 N. Center; 208-776-5569

Lava Hot Springs City Park Facilities • 208-776-5820 (No Reservations)

Lava Hot Springs Olympic Swimming Complex • 0.2 miles • 208-776-5221; 800-423-8597; www.lavahotsprings.com

Lava Hot Springs World Famous Hot Pools • 0.3 miles • 430 E. Main; 208-776-5221; 800-423-8597; www.lavahotsprings.com

Lava Hot Springs Park Rentals • 0.3 miles • 430 E. Main; 208-776-5221; 800-423-8597; www.lavahotsprings.com

Lava Lions Bingo (at Community Center) • 0.1 miles
150 N. Center; 208-776-5627

18 **Mountain Mayhem Adventure Rentals** • 0.1 miles • 155 E. Main; 208-776-5000

Portneuf Rapids Tube Rental • 0.2 miles • 151 N. Center; 208-251-1446; www.lavatub rental.com

TPD Tube Rental • 0.3 miles • 356 E. Main; 801-510-0190; www.tpd tub rental.com

7 Numbered Pips correspond to LOCATIONS on the town and area MAPS on following pages.

Mileages are referenced from the Intersection of Center and Main Street  in Lava



Brochure & Maps by Bonefrog Creative

IDAHO'S AREA CODE: 208
 MILEAGES CALCULATED FROM CENTER AND MAIN

Lava Hot Springs Chamber of Commerce
www.lavahotspings.org



Locator Pips

The numbered dots or “pips” you see on these maps correspond to those located next to the business listings on the other pages of this brochure.

4

 Aura soma Lava spa
 208-776-5480
aurasomalavamassage.com

4

KOA City Center
 208-776-5209

14

 aslava.com
 Aura Soma Lava
 208-776-5800

10

Gator Tubes & Mini Golf
 208-776-5668

16

KOA CITY CENTER COTTAGES
 208-776-5209

15

DELUXE CABINS
 208-776-5295

21

Tumbling Waters Inn
 Vacation Rental Homes & Condos
 208-776-5000
dempseycreeklodge.com

18

Mountain Mayhem
 208-776-5000
mountainmayhem.biz

8

Chuckwagon Restaurant
 208-776-5141

9

FOUR FALLS TUBE RENTAL
 208-776-5668

Dempsey Meadows Inn
 208-951-1463
 dempseymeadowsinn.com

LIONS GATE MILITARY-THEMED CAMPGROUND
 208-776-5118
 lionsgatemanor.com

Lions Gate Manor
 Luxury Themed Suites
 208-776-5118
 lionsgatemanor.com

PORTNEUF BEND CAMPGROUND
 208-530-1595
 portneufbendcampground.com

KOA
 208-776-5295

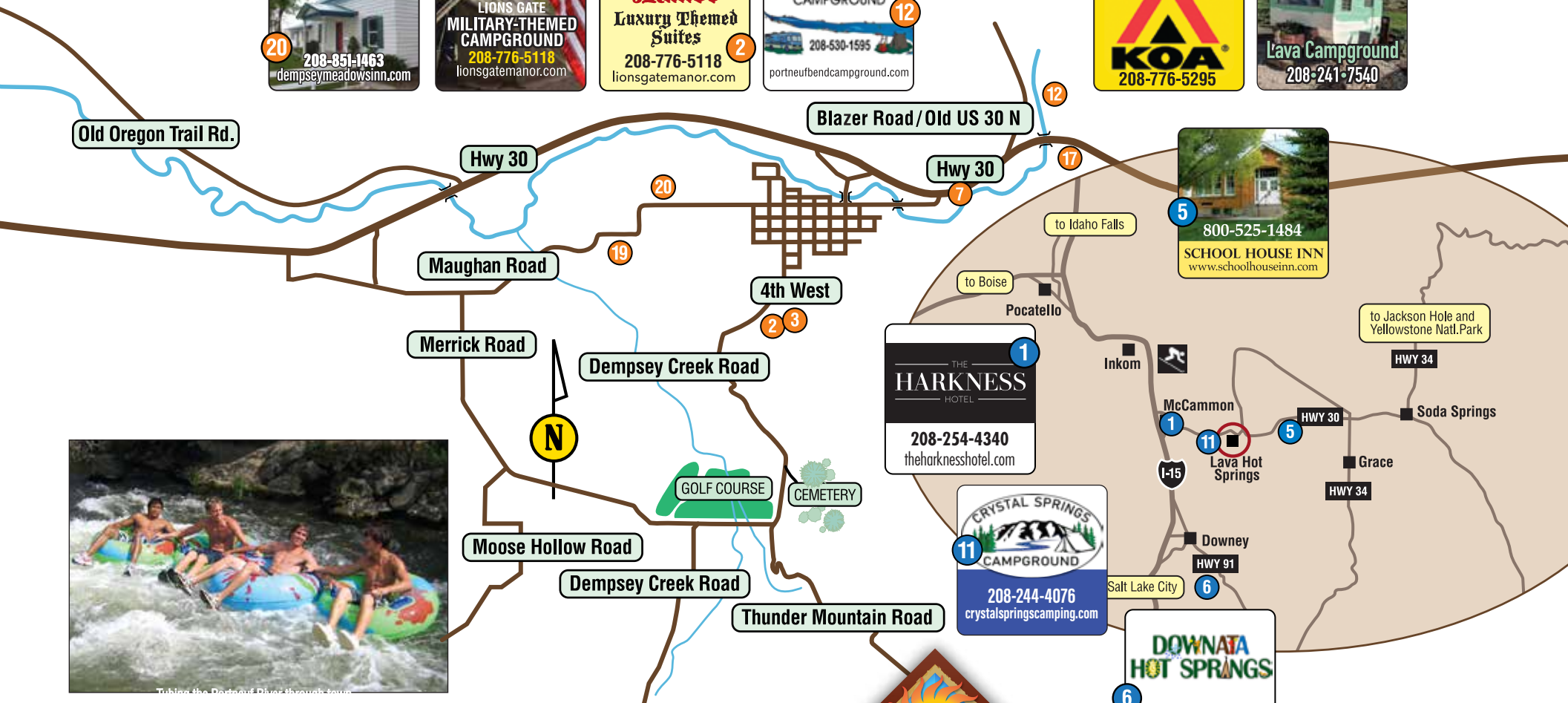
Lava Campground
 208-241-7540

SCHOOL HOUSE INN
 800-525-1484
 www.schoolhouseinn.com

THE HARKNESS HOTEL
 208-254-4340
 theharknesshotel.com

CRYSTAL SPRINGS CAMPGROUND
 208-244-4076
 crystalspringscamping.com

DOWNATA HOT SPRINGS
 208-897-5736
 downatahotsprings.com



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