

Site Information

Recommended Trail Users

Only the White Trail and other designated roads are open to motorized users. All other trails are limited to non-motorized users.

Camping

Dispersed camping is allowed on public lands. Use only sites where previous camping use is evident.

Campfires

Campfires are permitted, but discouraged. Use existing fire rings when possible and/or choose a durable site. Fire restrictions may apply at any time of year.

Designated Trails

The desert environment is fragile. Use only trails that are signed and marked as shown on this brochure.

Gates

Leave gates as you find them. If open, leave open. If closed, leave closed.

Livestock

Grazing occurs on public and state lands. Watch for and avoid livestock. Do not harass. Slow down and let them get out of the way.

Permits

Permits are required from BLM for commercial activities and group events on public lands.

Private Property

This area is comprised of public, state, and private lands. No recreational uses are authorized on private lands by BLM. Users must stay on designated trails on state land. Land ownership information is available at trailhead kiosks.

Trail Etiquette

Vehicles must yield to all users. Bicyclists must yield to equestrians and hikers. Hikers must yield to equestrians.

Trash

There is no trash collection in the area. Do not burn, bury, or put trash in toilets. Please use the “Pack It In - Pack It Out” ethic.

Emergencies

Call 911 for life threatening emergencies. For search and rescue assistance and other law enforcement issues call Washington County Sheriff (435) 634-5730.

Vicinity Map



Directions

From Washington County

From Interstate 15 Exit 16 head east on State Route 9 to Hurricane City. Turn right on Main Street. Take the first left onto State Route 59. Turn left on Smithsonian Butte National Backcountry Byway. At 2.8 miles, turn left and travel northwest 3.3 miles until reaching the Gooseberry Trailhead.

Turn left at the Gooseberry Trailhead and travel west for 1.3 miles to reach the White Trailhead, or continue straight, traveling northwest for 1.2 miles to reach the Windmill Trailhead.

For more information about Gooseberry Mesa and other recreation sites contact:

Bureau of Land Management
St. George Field Office
345 East Riverside Drive
St. George, Utah 84790
(435) 688-3200
www.blm.gov/sgfo



Gooseberry Mesa

National Recreation Trail



Utah • St. George Field Office



Public Lands
Use • Share • Appreciate

BLM

Welcome

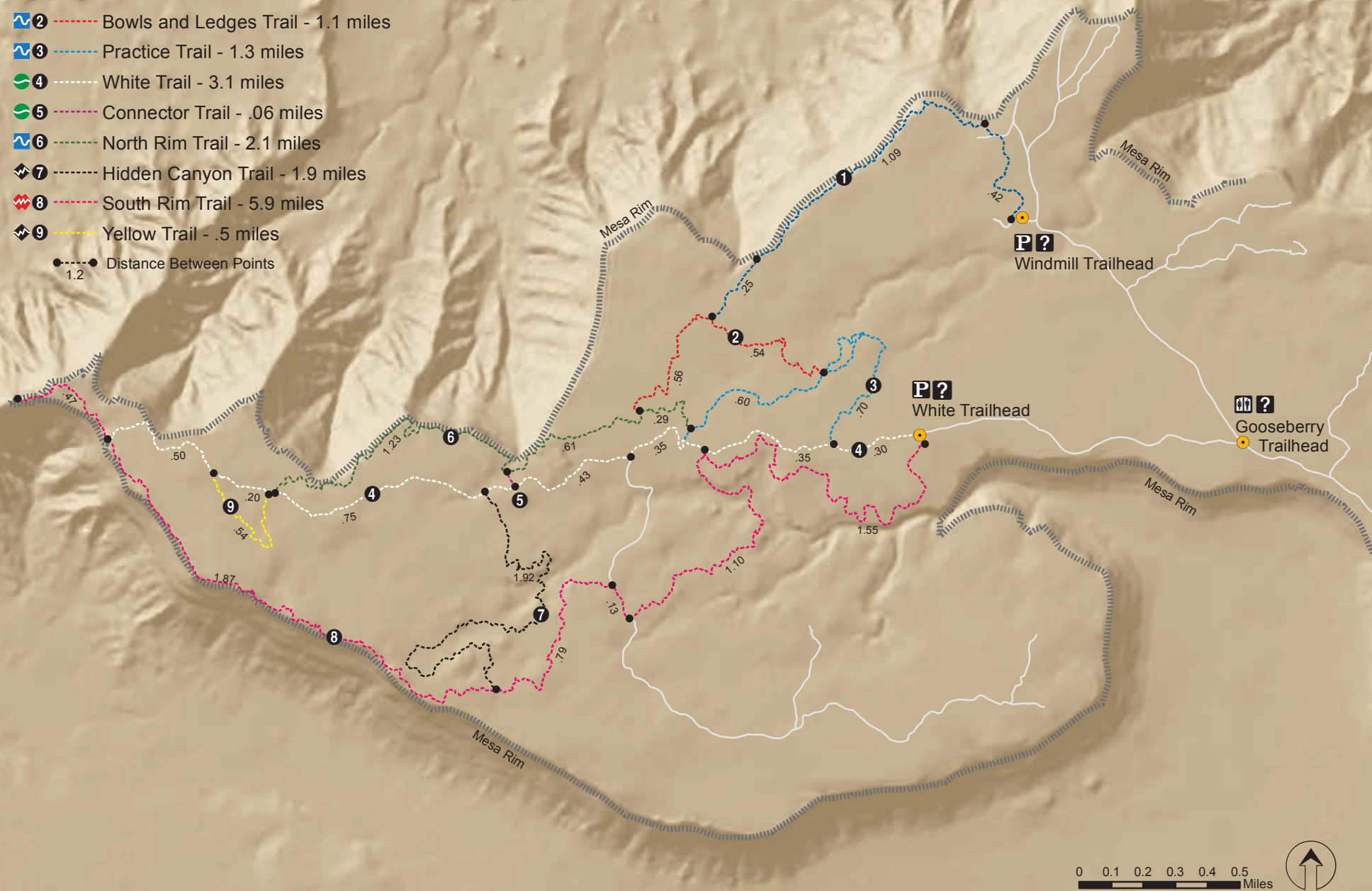


Gooseberry Mesa National Recreation Trail (NRT) is located in southern Utah’s red rock country. At an elevation of 5,200 feet, views from the mesa rims are spectacular. Rising to the north are the massive sandstone sentinels of Zion National Park. Spread out below the west rim is a panorama of colorful desert mesas and water carved canyons. Located on public lands managed by the Bureau of Land Management (BLM), the Gooseberry Mesa NRT was developed in the late 1990’s through cooperative efforts. In 2006, the trail received National Recreation Trail status. The Gooseberry Mesa NRT is designed for technical mountain biking. Singletrack and slickrock wind across the mesa top in a series of interconnected trails bisected by a dirt road. Due to the challenging terrain, this trail system is recommended for mountain bikers and hikers; it is not suitable for equestrians.



Gooseberry Mesa National Trail

- 1 Windmill Trail - 1.8 miles
- 2 Bowls and Ledges Trail - 1.1 miles
- 3 Practice Trail - 1.3 miles
- 4 White Trail - 3.1 miles
- 5 Connector Trail - .06 miles
- 6 North Rim Trail - 2.1 miles
- 7 Hidden Canyon Trail - 1.9 miles
- 8 South Rim Trail - 5.9 miles
- 9 Yellow Trail - .5 miles
- Distance Between Points



Difficulty Ratings

Ratings are based on the IMBA Trail Difficulty Rating System and categorize the technical challenge of the trail, not the physical exertion.

Easiest: Gravel or natural surface that is generally firm and stable. Trail grades average 5% or less with a maximum trail grade of 15%. May have unavoidable obstacles two inches tall or less and taller avoidable obstacles.

More Difficult: Mostly stable natural surface with some variability. Trail grades average 10% or less with a maximum trail grade of 15% or greater. Unavoidable obstacles eight inches tall or less and taller avoidable obstacles.

Most Difficult: Widely variable natural surface. Trail grades average 15% or less with a maximum trail grade of 15% or greater. Unavoidable obstacles fifteen inches tall or less and taller avoidable obstacles. Steep drop-offs, tight turns, low over-hangs, and other conditions may exist.

Extreme: Widely variable and unpredictable natural surface. Trail grades average 20% or more with a maximum trail grade of 15% or greater. Unavoidable obstacles fifteen inches tall or greater and taller avoidable obstacles. Steep drop-offs, tight turns, low over-hangs, and other conditions may exist.

Trail Markers

Trails open for use are designated by markers as shown on the right. All trail intersections are marked. Some reassurance markers can be found along the trails in sections difficult to follow. Slickrock portions of trail are marked with white dots.

- System Logo
- Difficulty Rating
- Trail Length
- Recommended Users
- Direction
- Trail Name
- NRT Logo
- BLM Logo



Know Your Limits » If you are unsure of your technical riding ability, ride the Practice Trail first. Use this trail to gauge your riding ability and fitness before venturing further. Be prepared, and know what to do in the event of lightning, flash flooding, a medical emergency, or other life threatening event.